Fishing Down Marine Food Webs
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The mean trophic level of the species groups reported in Food and Agricultural Organization global fisheries statistics declined from 1950 to 1994. This reflects a gradual transition in landings from long-lived, high trophic level, piscivorous bottom fish toward short-lived, low trophic level invertebrates and planktivorous pelagic fish. This effect also found to be occurring in inland fisheries, is most pronounced in the Northern Hemisphere. Fishing down food webs (that is, at lower trophic levels) leads at first to increasing catches, then to a phase transition associated with stagnating or declining catches. These results indicate that present exploitation patterns are unsustainable.

Exploitation of the ocean for fish and marine invertebrates, both wholesales and valuable products, ought to be a prosperous sector, given that capture fisheries—in contrast to agriculture and aquaculture—reap harvests that did not need to be sown. Yet marine fisheries are in a global crisis, mainly due to open access policies and subsidy-driven over-capitalization (1). It may be argued, however, that the global crisis is mainly one of economics or of governance, whereas the global resource base itself fluctuates naturally. Contradicting this more optimistic view, we show here that landings from global fisheries have shifted in the last 45 years from large piscivorous fishes toward smaller invertebrates and planktivorous fishes, especially in the Northern Hemisphere. This may imply major changes in the structure of marine food webs.

Two data sets were used. The first has estimates of trophic levels for 220 different species or groups of fish and invertebrates, covering all statistical categories included in the official Food and Agricultural Organization (FAO) landings statistics (2). We obtained these estimates from 60 published mass-balance trophic models that covered all major aquatic ecosystem types (3, 4). The models were constructed with the Ecopath software (5) and local data that included detailed diet compositions (6). In these models, trophic level estimates are derived from stable isotope analysis methods, which are considered to be the most reliable method of estimating the diet of each species or group of species (7). The models used a multiple linear regression approach to estimate the mean trophic level of each species or group of species, given that the mean trophic level of the species or group of species is a function of the trophic levels of other species or groups of species that it feeds on (8). The mean trophic level of each species or group of species is calculated as the weighted average of the mean trophic levels of all species or groups of species that it feeds on, where the weights are the abundance of each species or group of species in the diet of the species or group of species being estimated (9). The mean trophic level of each species or group of species is then calculated as the weighted average of the mean trophic levels of all species or groups of species that it feeds on, where the weights are the abundance of each species or group of species in the diet of the species or group of species being estimated (10). The mean trophic level of each species or group of species is then calculated as the weighted average of the mean trophic levels of all species or groups of species that it feeds on, where the weights are the abundance of each species or group of species in the diet of the species or group of species being estimated (11). The mean trophic level of each species or group of species is then calculated as the weighted average of the mean trophic levels of all species or groups of species that it feeds on, where the weights are the abundance of each species or group of species in the diet of the species or group of species being estimated (12). The mean trophic level of each species or group of species is then calculated as the weighted average of the mean trophic levels of all species or groups of species that it feeds on, where the weights are the abundance of each species or group of species in the diet of the species or group of species being estimated (13). 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earlier global studies (8). The 220 trophic levels derived from these 60 Ecopath applications range from a definitional value of 1 for primary producers and detritus to 4.6 (± 0.32) for snapping (family Lutjanidae) on the shelf of Yucatan, Mexico (9). The second data set we used comprises FAO global statistics (2) of fisheries landings for the years from 1950 to 1994, which are based on reports submitted annually by FAO member countries and other states and were recently used for reassessing world fisheries potential (10). By combining these data sets we could estimate the mean trophic level of landings, presented here as time series by different groupings of all FAO statistical areas and for the world (11).

For all marine areas, the trend over the past 45 years has been a decline in the mean trophic level of the fisheries landings, from slightly more than 3.3 in the early 1950s to less than 3.1 in 1994 (Fig. 1A). A dip in the 1960s and early 1970s occurred because of extremely large catches (>12 × 10^6 metric tons (t) per year) of Peruvian anchoveta with a low trophic level (12) of 2.2 (± 0.42). Since the collapse of the Peruvian anchoveta fishery in 1972–1973, the global trend in the trophic level of marine fisheries landings has been one of steady decline. Fisheries in inland waters exhibit, on the global level, a similar trend as for the marine areas (Fig. 1B): A clear decline in average trophic level is apparent from the early 1970s, in parallel to, and about 0.3 units below, those of marine catches. The previous plateau, from 1950 to 1975, is due to insufficiently detailed fishery statistics for the earlier decades (10).

In northern temperate areas where the fisheries are most developed, the mean trophic level of the landings has declined steadily over the last two decades. In the North Pacific (FAO areas 61 and 67; Fig. 2A), trophic levels peaked in the early 1970s and have since then decreased rapidly in spite of the recent increase in landings of Alaska pollock, Theragra chalcogramma, which has a relatively high trophic level of 3.8 (± 0.24). In the Northwest Atlantic (FAO areas 21 and 31; Fig. 2B), the fisheries were initially dominated by planktivorous menhaden, Brevoortia spp., and other small pelagics at low trophic levels. As their landings decreased, the average trophic level of the fishery initially increased, then in the 1970s it reversed to a steep decline. Similar declines are apparent throughout the time series for the Northeast Atlantic (FAO area 27; Fig. 2C) and the Mediterranean (FAO area 37; Fig. 2C), although the latter system operates at altogether lower trophic levels.

The Central Eastern Pacific (FAO area 77; Fig. 3A), Southern and Central Eastern Atlantic (FAO areas 41, 47, and 34; Fig. 3B), and the Indo-Pacific (FAO areas 51, 57, and 71; Fig. 3C) show no clear trends over time. In the southern Atlantic this is probably due to the development of new fisheries, for example, on the Patagonian shelf, which tends to mask declines of trophic levels in more developed fisheries. In the Indo-Pacific area, the apparent stability is certainly due to inadequacies of...
the statistics, because numerous accounts exist that document species shifts similar to those that occurred in northern temperate areas (13).

The South Pacific areas (FAO areas 81 and 87; Fig. 4A) are interesting in that they display wide-amplitude fluctuations of trophic levels, reflecting the growth in the mid-1950s of a huge industrial fishery for Peruvian anchoveta. Subsequent to the anchoveta fishery collapse, an offshore fishery developed for horse mackerel, Trachurus murphyi, which has a higher trophic level (3.3 ± 0.21) and whose range extends west toward New Zealand (14). Antarctica (FAO areas 48, 58, and 88; Fig. 4B) also exhibits high-amplitude variation of mean trophic levels, from a high of 3.4, due to a fishery that quickly depleted local accumulations of bony fishes, to a low of 2.3, due to Euphausia superba (trophic level 2.2 ± 0.40), a large krill species that dominated the more recent catches.

Fig. 4. High-amplitude changes of mean trophic levels in fisheries landings. (A) South Pacific (FAO areas 81 and 87); (B) Antarctica (FAO areas 48, 58, and 88).

The gross features of the plots in Figs. 2 through 4, while consistent with previous knowledge of the dynamics of major stocks, may provide new insights on the effect of fisheries on ecosystems. Further interpretation of the observed trends is facilitated by plotting mean trophic levels against catches. For example, the four systems in Fig. 5 illustrate patterns different from the monotonous increase of catch that may be expected when fishing down food webs (15). Each of the four systems in Fig. 5 has a signature marked by abrupt phase shifts. For three of the examples, the highest landings are not associated with the lowest trophic levels, as the fishing-down-the-food-web theory would predict. Instead, the time series tend to bend backward. The exception (where landings continue to increase as trophic levels decline) is the Southern Pacific (Fig. 5C), where the westward expansion of horse mackerel fisheries is still the dominant feature, thus masking more local effects.

Fig. 5. Plots of mean trophic levels in fishery landings versus the landings (in millions of metric tons) in four marine regions, illustrating typical backward-bending signatures (note variable ordinate and abscissa scales). (A) Northwest Atlantic (FAO area 21); (B) Northeast Atlantic (FAO area 27); (C) Southeast Pacific (FAO area 87); (D) Mediterranean (FAO area 37).

The backward-bending feature of the plots of trophic levels versus landings, which also occurs in areas other than those in Fig. 5, may be due to a combination of the following: (i) artifacts due to the data, methods, and assumptions used; (ii) large and increasing catches that are not reported to FAO; (iii) massive discarding of bycatches (16) consisting predominantly of fish with low trophic levels; (iv) reduced catchability as a result of a decreasing average size of exploitable organisms; and (v) fisheries-induced changes in the food webs from which the landings were extracted. Regarding item (i), the quality of the official landing statistics we used may be seen as a major impediment for analyses of the sort presented here. We know that considerable under- and misreporting occur (16). However, for our analysis, the overall accuracy of the landings is not of major importance, if the trends are unbiased. Anatomical and functional considerations support our assumption that the trophic levels of fish are conservative attributes and that they cannot change much over time, even when ecosystem structure changes (17). Moreover, the increase of young fish as a proportion of landings in a given species that result from increasing fishing pressure would strengthen the reported trends, because the young of piscivorous species tend to be zooplanktivorous (18) and thus have lower trophic levels than the adults. Items (ii) and (iii) may be more important for the overall explanation. Thus, for the Northeast Atlantic, the estimated (16) discard of 3.7 × 10^9 t year^−1 of bycatch would straighten out the backward-bending curve of Fig. 5B.

Item (iv) is due to the fact that trophic levels of aquatic organisms are inversely related to size (19). Thus, the relation between trophic level and catch will always break down as catches increase: There is a lower size limit for what can be caught and marketed, and zooplankton is not going to be reaching our dinner plates in the foreseeable future. Low catchability due to small size or extreme dilution (<1 g m^−3) is similarly, a major reason why the huge global biomass (∼10^9 t) of lanternfish (family Myctophidae) and other mesopelagics (20) will continue to remain latent resources.

If we assume that fisheries tend to switch from species with high trophic levels to species with low trophic levels in response to changes of their relative abundances, then the backward-bending curves in Fig. 5 may be also due to changes in ecosystem structure, that is, item (v). In the North Sea, Norway pout, Trisopterus esmarkii, serves as a food source for most of the important fish species used for human consumption, such as cod or saithe. Norway pout is also the most important predator on euphausiids (krill) in the North Sea (3).
We must therefore expect that a directed fishery on this small gadoid (landings in the Northeast Atlantic are about $3 \times 10^5$ t year$^{-1}$) will have a positive effect on the euphausiids, which in turn prey on copepods, a much more important food source for commercial fish species than euphausiids. Hence, fishing for Norway pout may have a cascading effect, leading to a build-up of nonutilized euphausiids. Triangles such as in Fig. 5, whether or not they are due to a relaxation of top-down control (23). Therefore, we consider estimations of global potentials based on extrapolation of present trends or explicitly incorporating fishing-down-the-food-web strategies to be highly questionable. Also, we suggest that in the next decades fisheries management will have to emphasize the rebuilding of fish populations embedded within functional food webs, within large "no-take" marine protected areas (24).

Globally, trophic levels of fisheries landings appear to have declined in recent decades at a rate of about 0.1 per decade, without the landings themselves increasing substantially. It is likely that continuation of present trends will lead to widespread fisheries collapses and to more backward-cascades at a rate of about $0.1 \text{ per decade}$, as fisheries are inherently "omnivorous." Hence, fishing for Norway pout may have a cascading effect, leading to a build-up of nonutilized euphausiids. Triangles such as in Fig. 5, whether or not they are due to a relaxation of top-down control (23). Therefore, we consider estimations of global potentials based on extrapolation of present trends or explicitly incorporating fishing-down-the-food-web strategies to be highly questionable. Also, we suggest that in the next decades fisheries management will have to emphasize the rebuilding of fish populations embedded within functional food webs, within large "no-take" marine protected areas (24).

REFERENCES AND NOTES

3. V. Christensen, Dana 11, 58 (1995).
6. The documentation of the Ecopath models in (3) and (4) includes sources of diet compositions of all consumer groups in each ecosystem. These diet compositions are rendered mutually compatible when mass-balance within each model is established.
9. The retinoic acid (RA) signal is transduced by two nuclear receptor families, the retinoic acid receptors (RARs, RARβ, and RARγ) and the retinoid X receptors (RXRα, RXRβ, and RXRγ), which function as RAR-RXR heterodimers and play important roles during mouse embryonic development and postnatal life [(1-4) and references therein]. The high levels of expression of retinoid receptors in the brain and spinal cord (5), together with the RA responsiveness of various neurotransmitter pathways in vitro (6, 7), suggest that retinoid signaling might be involved in the regulation of neural functions. The locomotor skills of knockout mice for the genes encoding RARβ, RARγ, RXRα, and RXRγ, all of which are normally expressed in the striatum (5), were analyzed by open-field tests, and the results indicate that these genes are important in the regulation of locomotor activity.